

# Hike the Uluguru Mountains 3 Days/2 Nights

*The Uluguru Mountains form a part of the Eastern Arc Range and are amongst Tanzania's best-known hiking destinations. This 3 day itinerary is not for the faint-hearted, we will forgo private transport and instead opt for the public bus from Dar es Salaam before setting off on a 3 day hiking trip departing from Morogoro.*

## Day one:

Your journey begins with a taxi from the Slow Leopard to Ubungo Bus Station where your group and guide will take a public bus to Morogoro town arriving around midday at the base of the Uluguru Mountains. Part of the Eastern Arc Mountains the Uluguru Mountains are a spectacular site as they rise above the agricultural hub of Morogoro. They are home to an incredible concentration of biodiversity including a number of endemic species. From here we have a 3-4 hour hike to get to Morningside an old German settlement. It is the perfect chance to stretch the legs after being cooped up in the bus for a few hours. This will be our campsite for the night so settle in and get comfortable.

## Day two:

Today is summit day, take a few deep breaths as you prepare to tackle Bondwa Peak! From Morningside, it is a 4-hour climb to Bondwa peak where you can relax, have some lunch, take some photos and prepare for the descent to Bahati Camp. The views from Bondwa peak are incredible, with panoramic views down the valley to Morogoro. The descent usually takes around two hours and you will camp by a waterfall giving yourself a chance to strip off and freshen up before dinner!

## Day three:

Following breakfast, we will descend from Morningside back to Morogoro town. A quick lunch and we will catch the bus heading back to Dar es Salaam in time to arrive back in Dar early evening.